



To Protect, Promote and Prioritize the Health of Our Entire  
Community

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### **DCHD: Making Social Distancing a Weekend Priority**

Nebraskans are encouraged to maintain social distancing through the weekend and beyond. The Douglas County Health Department (DCHD) wants to emphasize that social distancing continues to be the best weapon we have against the current outbreak of COVID-19.

“These next two weeks are a critical period in our response to COVID-19,” Health Director Dr. Adi Pour said. “We need you to support the efforts to stop COVID-19.”

DCHD also would like everyone who goes out in public to please wear a mask.

On Saturday, April 18 the Health Department confirmed ten new cases of COVID-19 in Douglas County, which brings the total to 283 cases since the start of the outbreak. These latest cases include five women and five men who range in age from 29 to 92. One of the newly diagnosed individuals is hospitalized. Five of the new cases were infected by contact with a known case, three were community-acquired, one was travel-related, and one case remains under investigation.

An updated hospital inventory was not available on Saturday. The previous report indicated 592 medical surge beds were available and 47 patients were hospitalized with COVID-19. Of the 417 ventilators available to area hospitals, 105 were in use including 21 for confirmed COVID-19 patients.

Remember, the COVID-19 symptoms may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one symptom. Anyone who has COVID-19 symptoms should contact their health care provider and tell them how you are feeling and discuss any possible exposure history. Please call ahead before you go to the doctor’s office or an emergency room.

DCHD’s information line is open daily at (402) 444-3400 from 8:30 a.m. until 4 p.m. In addition, the Nebraska DHHS COVID-19 information line is open from 8 a.m.-8 p.m. at (402) 552-6645. Calls are taken 24 hours a day at the United Way’s 2-1-1 Information Line.

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